

You're In Charge®

Impact of Alzheimer's disease reaches beyond the elderly

Longevity is one of the biggest risk factors for Alzheimer's disease. The expectation is that the prevalence of Alzheimer's will escalate rapidly as baby boomers age into their 70s, 80s and 90s. Learn about the impact of Alzheimer's Disease and understand the value of planning ahead.

Alzheimer's is a degenerative brain disease¹

5.3 million **Americans**

age 65 and older have the disease



Every 66 seconds, an individual age 65 or older is diagnosed with Alzheimer's



Projected to nearly triple to 13.8 million by 2050





It has no cure and there are no survivors

Alzheimer's is the most common cause of dementia



There are 10 signs of Alzheimer's disease.3 Most commonly, patients experience a decline in:









The average years an Alzheimer's patient lives after being diagnosed⁴

Alzheimer's and other Dementias produced

\$236 billion

in societal costs5



of adults with dementia receive assistance with **Activities of Daily** Living (ADLs)6

Total healthcare spending in last 5 years of life for patients with probable dementia was S287.000⁷

The six activities of daily living (ADLs)

- 1. Bathing
- 2.Continence
- 3. Dressing
- 4. Eating
- 5. Toileting
- 6. Transferring

The value of planning ahead



Plan for your financing of this care before potential signs of dementia occur



Learn what types of care you may prefer



Avoid emotional and crisis decision making



Exercise foresight regarding family care

Learn more about brain health and early detection of Alzheimer's at ALZ.org

'Alzheimer's Association, "2017 Alzheimer's Disease Facts and Figures," *Alzheimer's & Dementia*, 2017;13:325-373, www.alz.org/documents_custom/2017-facts-and-figures.pdf, 2017.

²Alzheimer's Association, "What Is Alzheimer's?" alz.org, http://www.alz.org/alzheimers_disease_what_is_alzheimers.asp, 2017.

³Alzheimer's Association, "10 Early Signs and Symptoms of Alzheimer's Tweet," alz.org, http://alz.org/10-signs-symptoms-alzheimers-dementia.asp, 2017.

*Alzheimer's Foundation of America, "About Alzheimer's Disease," AFA, http://www.alzfdn.org/AboutAlzheimers/lifeexpectancy.html, updated January 28, 2016.

⁵Alzheimer's Association, "2016 Alzheimer's Disease Facts and Figures," alz.org factsheet, https://www.alz.org/documents_custom/2016-Facts-and-Figures-Fact-Sheet.pdf, March 2016.

⁶See note 1.

⁷See note 1.

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