



# Making it easier to find the help you need

Start enjoying the benefits of Caregiver Advocate.

Finding qualified long-term care and support services can be daunting. But because you own a Nationwide life insurance policy with long-term care coverage, you have a suite of services from Caregiver Advocate available to you and your family members, friends and caregivers.

**This service helps ease your stress by:**

- Simplifying the process of finding the help you and your loved ones need
- Finding a provider that meets your needs for care
- Providing education about long-term care and caregiving

## Continuous support is available to you



### Find services and assistance in your area.

Search your community for service providers who specialize in home health care, adult day care, Alzheimer's living and other support services. You'll also have the ability to review and compare providers' services, insurance and supervision measures, qualifications, and rates and fees (information provided varies by service provider).



### Receive toll-free support.

Call 1-800-488-4172 (Monday through Friday, from 8 a.m. to 6 p.m. ET) to speak to a professional anytime you or a family member, friend or caregiver need help understanding options, locating long-term care or other services in your area,<sup>1</sup> or even for technical support for things such as resetting passwords.



### Coordinate care.

Long-term care is often a team effort. So you can invite family members or friends to Caregiver Advocate, giving them access to the same tools and resources available to you. You don't have to be receiving long-term care services yourself for these resources to be available.



### Maintain your independence.

Caregiver Advocate offers an extensive library of resources — including tips, checklists, short articles and videos — to help keep care recipients independent longer. You can also access other companies offering services to help promote healthy aging and remaining independent as long as possible.

<sup>1</sup> You'll receive a written follow-up highlighting the 3 providers that most closely meet your search criteria.



## Getting started

Don't waste any more time worrying about long-term care planning. Follow these steps to begin your journey:

1. Visit **CaregiverAdvocate.com/Nationwide**
2. Set up your account by clicking on the **"Register"** button under the **"First-time users"** heading.
3. Have your policy number, first and last name and date of birth ready to **establish your account.**

For additional assistance, please call **1-800-488-4172, 8 a.m. – 6 p.m. ET, Monday through Friday.**



Caregiver Advocate is available at no additional cost. It might not be available in all states/territories or in all products.

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Long-term care insurance does have exclusions, limitations, reductions of benefits, and terms under which the policy may be continued in force or discontinued. If you have additional questions specific to your individual policy, please contact your financial professional.

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