

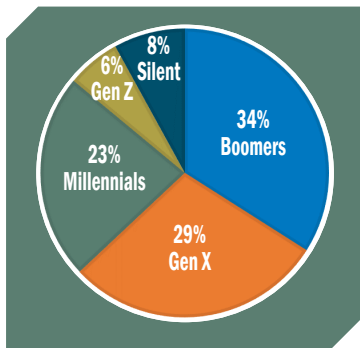


Types of Long Term Care Services

Long term care (LTC) refers to care that is required by people for an extended period of time because of medical, physical, and cognitive conditions caused by accident, illness, or frailty. LTC involves receiving assistance or supervision to perform activities of daily living when these tasks can no longer be performed independently.

Did You Know?

Who are today's family caregivers?*



Adult Day Care
Community Day Care

Features:

- Part-Time Care in a Group Setting
- Social Interaction and Security

Assisted Living Facility
Adult Foster Home
Residential Health Care
Apartment-Like Conditions

Features:

- Personal Care Assistance
- Non-Skilled Care Services

Home Health Care
In-Home Care

Features:

- Homemaker Services
- Personal Care
- Nursing Services
 - RN
 - LPN
 - Health Care Aide
 - Personal Care Aide
- Therapy Services
 - Speech
 - Respiratory
 - Physical

Nursing Facility
Nursing Home
Institutional Care Facility (due to necessity)

Features:

- Skilled Care
- Intermediate Care
- Custodial Care

Hospice Care
End of Life for the Terminally Ill (Six months)

Features:

- Skilled Care
- Intermediate Care
- Custodial Care

Contact your financial services professional for more information about types of available LTC services, and to discuss ways to mitigate your exposure to the potential risks of LTC.

*Caregiving in the U.S. 2020, National Alliance for Caregiving and AARP

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